YWCA TORONTO GIRLS' CENTRE

FOR GIRLS ABOUT GIRLS BY GIRLS

> ALL PROGRAMS ARI

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PROVIDED



GIRLS' TALK Wednesdays <u>or</u> Thursdays | 4-6pm

A *FREE* mentorship program providing girls (ages 9-13) with opportunities to be creative, have fun, and connect with other girls!

In this program, you will:

- learn about self-confidence and empowerment develop new skills and knowledge
 - navigate the challenges of adolescence reduce social isolation
 - learn to make smart decisions

For more information or to register, contact the **Girls' Centre** at **416.266.1232**.



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YWCA Toronto Girls' Centre | 3090 Kingston Road, Scarborough | 416.266.1232 | ywcatoronto.org

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